





## **Cougar Crew Family**

**Greetings Cougar Families!** 

The final month of the school year is here and I know the students + teachers are getting excited for summer! We have lots of fun field trips planned (thank you PTO for your support!) this month along with an awesome Spring Concert coming very soon. We have had a very successful and positive school year. I am wishing

our 8th graders well wishes as we prepare for graduation this month. They are off to great places and will do wonderful things as they move on to high school. As we work together to finalize this school year I want to thank you for all of your support of our students, staff and teachers. Being a part of a wonderful community and team is what contributes to making Damiansville Elementary an excellent school. We will continue to Envision Excellence in all that we do!

Go Cougars!

Mrs. Beer

# May: Word of the Month -- Helpful

Helpful people are always ready to lend a hand, offer support, and provide guidance to those who require it. Being helpful involves being selfless and putting others' needs ahead of your own. It is a valuable trait that can make a significant positive impact on the lives of those around you. In the month of May, we are focusing on the trait of helpfulness. Having an open heart and always being willing to help leads to true growth in building relationships and interpersonal skills.

## **May Cougar Events**

5/1- Spring Concert 1:30 + 6:30

5/2- 11:45 Dismissal (SIP)

5/5-5/9 Teacher + Staff Appreciation Week

5/5 - 4th/5th Biz Town Trip

5/7 - PTO Meeting 6:30 PM

5/7-6th-8th Springfield Trip

5/8 - Athletic Banquet 6PM

5/12 - Special Board Mtg. 5:30PM

5/12 - Pre-K to Kdg. Night 6:30 PM

5/12-8th Grade Trip - City Museum

5/14- K-2 Rock the Spectrum Trip

5/16 - Jansen Farm/Excel Trip

5/19- School Board Meeting 7PM

5/21 - 8th Grade Graduation 7PM

5/21-8th Grade Last Day

5/23 - Bowling Incentive Trip for AR

5/23 - Final Day Faith Formation Class

5/26- No School Memorial Day

5/27 - Field Day - 1:45 Dismissal

5/28 - Last Day - 11:45 Dismissal (SIP)

5/28 - Report Cards Sent Home

## Cougar Crew Family Wellness: Successful Summer Break

As we make plans for summer, here are a few tips to think about for managing your kids' downtime to help make it relaxing for everyone.

Kids do better with structure. Structure makes all kids feel safe and comfortable. Think about meal times and bed times, having structure in these two areas is important. Of course, summer can be about staying up late or sleeping in, but be mindful about how these changes affect behavior and attitude. Posting + discussing the day's schedule helps kids move from one activity to another. Planning activities ahead of time, like going to the playground or pool, gives kids structure they can depend on.

Rules + set expectations for behavior are important, too. It's good to pick a few "good" behaviors you want your child to work on. Think of simple rewards and point out positive behaviors. Address "bad" behaviors and us these are teachable moments. Be mindful and focus on the positive.

Meet-ups and other online groups are a great way of connecting your child with other kids and families. Outdoor activities are important for kids. If day camp is an option, it can provide great structure and fun outdoor activities that keep kids from spending too much time in front of screens.

Even if you do everything you can to prepare for summer, it's normal for kids to act out more over vacation.

Think back to the tips related to structure, screen time vs outdoor time, schedules and preparing for what the day will look like. Take time to converse as a family and if your child is feeling

anxious, sad, mad or bored, take time to discuss why and see if a plan can be taken to help alleviate those emotions. Most of all, use summer for connections and boosting relationships. Summers go by fast and having kids at this age and this time of their life only happens once!







#### **Damiansville PTO**

Meeting: May 7th 6:30 PM (Science Lab) Final Meeting of the Year

Looking for Volunteers for Field Day: May 27th (PTO will be organizing games + fun for students!) Reach out to melinda.voss214@yahoo.com.

Google Sign Up coming soon.

#### **Cougar Crew News**

As the end of the school year draws near, we need your support to help keep students focused and engaged in school.

We know this is a busy time for all students and families as nights become busier and days become longer. Help support our students and staff by reminding students about the importance of school participation and hard work all the way until the very last day!

We are so glad you are on our Cougar Crew team @ DGS!

### **Golf Scramble**

Support our Students by Playing Golf!

See information below related to this year's golf scramble on June 1.

All proceeds will directly support our need for new Chromebooks for students at Damiansville Elementary.





WHEN: June 1, 2025

10:30 a.m. shotgun start

Roland Barkau Memorial Golf Course WHERE:

Okawville, IL

COST: \$400 per team

WHY: To replace outdated chromebooks

Contact (for teams and sponsorships):

Cole Horstmann 618-210-6721

Phillip Fuehne 618-520-3638

#### Payment options:

Check Payable to Damiansville PTO 101 E. Main Street Damiansville, IL 62215

VENMO: @Damiansville\_PTO



**Damiansville Elementary #62** 

www.dville62.com - #EnvisionExcellence - Small School BIG Goals